Comedy Night

In need of a good laugh?
Join us for a hilarious evening at Molly Spillane’s Pub on Mamaroneck Avenue and help support The Center for Continuing Education. Hosted by Hommocks Middle School teacher and comedian Ron Nobles, this fun evening is sure to have you in stitches!

Meet our Comedians: Charles McBee stars in his own web series and appears on “Gotham Comedy Live” and the FOX TV show “Laughs”. Josh Hyman from Blue Bloods, Frank Favia, Dan Altano, Robyn Schall and Ron Nobles are all regulars in the NYC comedy scene and each brings his/her own style of comedy and observations of their real-life experiences.

Thursday, April 1, 7–10:00 pm
Molly Spillane’s, Mamaroneck / $99 / NN06S18

Trips & Tours

VIP Experience: Blue Hill at Stone Barns NEW
Wed, April 18: 10:00 am–1:30 pm
Blue Hill at Stone Barns, Tarrytown
$155 / FW05S18
The renowned Blue Hill at Stone Barns is offering our students an all-day experience including a tour of the farm, an exclusive cooking demonstration and a specially curated Blue Hill Market lunch buffet sourced from the surrounding fields and local farms. Participants will learn about the history of the barns, the rotational growing practices currently at work, and the ongoing collaboration between the farm and restaurant. Following the tour join the Blue Hill culinary team for an exclusive demo experience in the bakery and kitchen where students will learn how a seasonal ingredient from the farm is transformed into a culinary delight. End the day with a specially curated Blue Hill Market lunch buffet.

VIP Experience: Judy Chicago’s “The Dinner Party” NEW
Thurs, March 1: 9:30 am–3:30 pm
Bus leaves from Mamaroneck Harbor
$135 all-inclusive / TR35S18
Judy Chicago’s iconic and sweeping installation The Dinner Party celebrates women’s achievements in Western culture in the form of a meticulously executed banquet table set for 39 mythical and historical women and honoring 999 others. The Brooklyn Museum’s Roots of “The Dinner Party”: History in the Making is the first exhibition to examine Chicago’s evolving plans for The Dinner Party in great depth. Catch this remarkable exhibit before it leaves the museum in March. The guided tour includes round-trip transportation and lunch at Chuko, a local favorite for Ramen.

Register at LMCCE.org
Happy Hour at the Armory Art Fair  NEW
Thurs, March 8: 5–7:00 pm
Location TBA / $50 / TR29S18
Join NYC-based Art Advisor Ronnit Vasserman on a 2-hour guided tour of one of the world’s leading international art fairs. The Armory Show is New York City’s premier art fair and a leading cultural destination for discovering and collecting the world’s most important 20th- and 21st-century art. Staged on Piers 92 & 94, The Armory Show features presentations by over 200 leading international galleries, innovative artist commissions and dynamic public programs. Tour is from 5-7 pm tour, but happy hour viewing continues until 8 pm. Admission fee is $25.

Ronnit Vasserman is the founder of Art Connect Group, a full service art advisory firm specializing in Contemporary Art. She has degrees in Fine Arts and Art History.

Slowdown Tour of Grand Central
Tues, March 13: 10:30 am–12:30 pm
Grand Central Location / $50 / TR12S18
How many times have you walked with speed and purpose through Grand Central Terminal without stopping to look at this world class landmark? Learn about the hidden secrets and gain an insider’s perspective of Grand Central Terminal with Ginny Poleman, trained docent for the Municipal Art Society—the organization instrumental in saving and restoring this New York monument to transportation.

Ginny Poleman is an educational guide at the Metropolitan Museum of Art and a docent for the Municipal Art Society. Check out her Instagram account @Art_Encounters.

The L.E.S. Art Scene in the Bowery  NEW
Tues, June 5: 1–3:00 pm, L.E.S. location TBA
$55 includes beverage / TR31S18
Join this guided tour on the Lower East Side and learn how the L.E.S. art scene transformed the sleepy Bowery neighborhood into a fashionable art hub. The tour visits four prominent L.E.S. galleries which exhibit critically acclaimed artists, and navigates the neighborhood for best viewing of murals by the edgiest street artists. The tour concludes with a stop to savor a drink at Louis, the popular cafe/marketplace located within Ian Schrager’s ever-so-trendy Public hotel.

Ronnit Vasserman.

Food, Wine, & Song
Sing Your Heart Out!  NEW
7 Wednesdays: March 7–April 25
(no class April 4), 7–8:30 pm
MHS Palmer / $160 / FW02S18
Do you love to sing? Would you enjoy singing great music with a group of fellow music-lovers who are all about having fun at the same time? If so, this is the class for you! You’ll learn the essential tools of vocal technique (breathing, support, focus) and choral technique (part singing, balance, and blend) in a supportive, friendly group setting. Repertoire selections will include classic popular music, standard choral and vocal pieces.

This chorus course will culminate with a performance with the Mamaroneck High School vocal choirs at the MHS Ensemble Concert on April 25th. Participation in the concert is optional. All level singers welcome!

Dina Madden is the Ensemble Choral Director at Mamaroneck High School. She has been teaching choral and vocal ensemble singing for over twenty-five years.
Learn to Play Guitar  NEW

10 Tuesdays: March 6–May 15
(no class April 3), 7–8:00 pm
MHS Palmer / $250 / FW01S18

Learn to play guitar from day one! This recreational guitar class is music for the non-musician. Students do not need to be able to read music, as they will learn to read simple chord symbols, some easy basic chords and chord progressions. The class will also learn to tune their guitars and to care for their guitars with basic maintenance practices. Most importantly, students will be playing music from day one. Please bring your own guitar. Sign up for two and receive a 20% discount—wonderful parent-child experience.

Tom Jordan has been a music teacher for 37 years, 29 of which have been in the Mamaroneck School District. He has performed in symphony orchestras, pit orchestras for shows, jazz bands, choruses and churches all over Westchester and Fairfield counties. He studied horn seriously throughout school, and is also an accomplished trumpet and guitar player.

Progressive Vegan Dinner in Brooklyn  NEW

Thurs, March 29: 6–9:00 pm, Location TBA
$95 includes food and drinks / TR29S18

Get ready to taste the colorful and creative international flavors of the Brooklyn vegan food scene. This food tour is for anyone who enjoys trying new foods, eating like a local and exploring global cuisines with other adventurous eaters. You’ll share a delicious four-course meal, traversing four renowned vegan restaurants chosen for their innovative vegan-friendly menus and unique origin stories. The tour begins with appetizers at a Japanese restaurant, continues at Ethiopian and Venezuelan restaurants for entrees and ceremonial coffee and concludes in a secretly vegan bistro for dessert and live music!

Piper Martz, a Westchester native, is a passionate foodie, frequent global traveler and food tour host with Airbnb. She runs her own food marketing company, Human Seeds of Change, and has studied global food systems and sustainable agriculture at institutions throughout Latin America, Europe and North Africa. Check out her vegetarian and travel blog, @VegAroundTheWorld

Cooking Demonstration and Lunch at Plates  NEW

Tues, April 17: 11:30 am–2:00 pm, Plates Restaurant, Larchmont / $52 / FW04S18

Join us for lunch and a cooking demonstration at Plates in Larchmont, which is known for its creative new American menus. Chef and proprietor Matt Karp will demonstrate how to prepare one of their signature grilled flatbreads using a natural starter. Learn how to mix, stretch, and grill a flatbread pizza. Followed by a delicious lunch.
Food Experience: “Himalayan Heights”
Thurs, May 17: 11:00 am–2:00 pm
Location TBA / $95 includes food / TR21S18
The area surrounding 74th St. in Jackson Heights has long been known as Little India. Now home to more than a dozen restaurants offering Tibetan and Nepali cuisine, Himalayan Heights is a more apt moniker. Explore this exciting cuisine from the rooftop of the world. Savor freshly made beef momo—the dumplings that are Tibet’s national dish—and delectable sukuti, a Nepali beef jerky. For those who absolutely must have Indian in Jackson Heights there will be stops for the savory vegetarian snacks known as chaat, kebabs, freshly made paratha, as well as Indian sweets.

Joe DiStefano.

Worlds Fare Eating Along the 7 Train NEW
Thurs, June 14: 11:00 am–3:30 pm
Location TBA
$150 includes food / TR34S18
This international culinary journey along the 7 subway train begins in China—a.k.a. Flushing—with fresh tofu and Peking Duck sandwiches. From there the tour boards the 7 to travel to the Dominican Republic for fresh young coconuts hacked open with a machete! As the tour winds its way along Roosevelt Avenue foodies will hop on and off the 7 train to sample the food trucks of Little Ecuador, freshly made Mexican shrimp cocktail, Tibetan, Nepali, and Bangladeshi fare at Jackson Heights and finally Filipino balut for all who dare.

Joe DiStefano.

Arts & Crafts
Introduction to Ikebana—Japanese Art of Flower Arrangement NEW
3 Fridays: May 4 & 18, June 1
10:30 am–12:00 pm / Larchmont Temple
$155 / AC40S18
Ikebana is the Japanese art form of flower arrangement. It provides tranquility and peace of mind from within. Students will learn the basic concept of Ikebana and will also create their own stunning flower arrangement. Basic container and KENZAN (flower holder frog) and all floral materials included. Students should bring a pair of floral scissors to class.

Kimi Quinn began studying Ikebana in the late 80's in her native Japan. She is a certified instructor of Sogetsu School of Tokyo and has exhibited at various venues including the Metropolitan Museum of Art and Brooklyn Botanical Garden. Ms. Quinn is a board member of Ikebana International NY.
Painting Flora and Fauna in Watercolor  NEW

11 Tuesdays: March 6–May 22
(no class April 3), 12:10–2:40 pm
Larchmont Temple / $363 / AC39S18

In this class students will paint a variety of plants and animals. Color mixing, design principles, perspective, friendly but constructive class critiques, short demos, and composition will help each artist to develop their own personal style of painting. The lessons will include portraits of wild animals in their habitats as well as beautiful florals. The use of photo resources is encouraged. This class is intended for students who have some experience with the medium.

Hope Friedland received a Masters from Columbia University and completed additional graduate work in Florence, Italy. Her work focuses on the inter-play of interesting shapes, vibrant colors, rich textures, and bright contrasts.

Origami: From Art to Math Fusion  NEW

8 Tuesdays: March 27–May 22,
(no class April 3), 7:00–8:00 pm
MHS Palmer / $140 / AC41S18

Origami is the art of paper folding often associated with the Japanese culture. Learn the small number of origami folds that can be used to create many intricate designs. Our class will begin with traditional Japanese origami techniques, then extend to complex applications. Some lessons will include connections to tree theory—a field of mathematics that can be used to take objects, like animals, and turn them into folded forms, and modular origami, which is used today in robotics and industrial applications. For beginners. All materials provided.

Nicholas Andrzejkiewicz is a senior at Mamaroneck High School and the founder of the MHS Origami club.

Expressive Landscape: Draw, Print, Paint

10 Mondays: March 12–May 21
(no class April 2), 10:00 am–12:30 pm
Larchmont Temple $305 / AC21S18

This course will focus on the creative potential of landscape imagery. Drawings will define shape and composition. Monoprints reveal colorful blending through the process. And watercolor provides the opportunity to develop an impressionistic landscape. The steps of this class will enable you to develop a personal interpretation of landscape. Materials will be provided.

Dr. Quincy Egginton.

Acrylic Transfer Photo on Canvas  NEW

5 Thursdays: April 12–May 10, 7–9:00 pm
MHS Palmer / $150 / AC42S18

Turn your photographs into works of art. Be creative in learning how to transfer your personal photos or interesting images to a canvas, and create your own personalized art piece. Students will explore photo transfer techniques and learn how to work with their canvas by mixing it with acrylic paint. A list of materials required for this class can be found on our website.

Anne Maizia (“Maizianne”), a Belgium native, is an Abstract and Figurative Artist painter who has studied in NY, Houston and Toronto. Her work may be viewed at http://annemaizia.blogspot.com
Drawing & Painting with Colored Pencils
8 Fridays: March 9–May 11
(no class March 30, April 6)
9:30–11:30 am / Larchmont Temple
$240 / AC27S18
The medium of colored pencils has recently been recognized as a beautiful and sophisticated art form because of their ability to achieve soft color blending and bold painterly chroma. In this course, we will use colored pencils in 2 ways. The first, as a drawing medium, overlapping several layers of colors, will result in a rich, glowing color. The second technique uses solvents that turn the pencils into painterly effects that can mimic paintings.

Janice Cianflone is an experienced professor of art and a professional artist. She attended Pratt Institute and Massachusetts College of Art and is the recipient of several awards for excellence in drawing and painting. Her paintings are in private collections.

Animal Portraits
5 Tuesdays: May 22–June 26
(no class May 29), 12:30–3:00 pm
Larchmont Temple
$155 / AC35S18
Every animal has a personality that captures our heart. Have fun as you create impressions of your pet or favorite animal. Please bring pet/animal photos. Drawing will allow you to study the structure of the head and body. Cut paper and collage to creatively represent your animal. These works and a color study will prepare you to paint your pet. Students should bring a sketchbook. Basic materials will be provided.

Dr. Quincy Egginton.

Ceramics: Intermediate & Advanced
11 Wednesdays: March 7–May 23
(no class April 4), 4:30–6:30 pm
MHS Palmer / $430 / AC10S18
For students who have taken Beginner Ceramics or with previous experience. Develop your abilities with clay through exploration while perfecting your technique and craftsmanship. Expand your range of forms through individual projects, and learn more advanced techniques in surface decoration and glazing. Class size limited to 12. All new students are required to speak with the teacher for proper placement in one of our ceramics classes.

Michael Dollar has a B.A. in Anthropology from SUNY Plattsburgh, an A.A.S. in Fine Art from the Sage College and an M.S. in Art Education from the College of Saint Rose. He teaches ceramics at Mamaroneck High School.

Painting with Alcohol Inks
NEW
3 Tuesdays: June 5, 12 & 19, 12:10–2:40 pm
Larchmont Temple / $99 / AC40SU18
This is an introductory class to one of the newest media to hit the art market. Students will learn various techniques for using these vibrant and luminous colors. On a variety of backgrounds such as yupo paper, ceramic tiles, bristol board and canvas, allow yourself the freedom to play and create magic with each lesson. Supply list available on our website.

Hope Friedland.

Drawing on Location
NEW
5 Tuesdays: May 22–June 26
(no class May 29), 9:30–11:30 am
Larchmont Temple / $195 / AC43S18
Larchmont Manor Park is an inspiration for many local artists. This beautiful landscape offers multiple views of rocks, trees, water and harbors. Color studies, as well as concepts of space, form, and composition will be presented and demonstrated. A variety of drawing techniques will be suggested to render your personal interpretation of a selected scene. Students should bring a sketchbook. Basic materials will be provided.

Dr. Quincy Egginton.
**Medicare 101**

Mon, April 23, 6–8:00 pm  
MHS Palmer / FREE / BC10S18  
Are you currently enrolled in Medicare or are you soon to be eligible for Medicare? Will you be turning 65 over the next year or two? Learn about how and when to enroll, when you can make changes, and the insurance options available to you. Review and compare Medicare Parts A, B, C and D. Explore and evaluate Original Medicare, Prescription Drug Plans, Medicare Supplement Insurance and Medicare Advantage Plans. This program will help you become more well-informed and confident about what Medicare means for you!

*James Farnham*, MBA, MS, is a professional speaker and author. Formerly with Shearson Lehman Brothers, Kidder Peabody, and Morgan Stanley, his expertise encompasses insurance, financial services, retirement planning, and strategies for income distribution.

**A Primer on Exchange Traded Funds–ETFs**  
NEW

Thurs, March 22, 6–8.00 pm  
MHS Palmer $20 / BC22S18  
Have you heard all the buzz about ETFs, otherwise referred to as Exchange Traded Funds? Learn about the basics of ETFs including what they are, their origin, and how and why they have grown. The presentation will also address technical aspects of ETFs including their basic characteristics, the creation and redemption process, and the impact of indexes on ETFs. The discussion concludes with an overview of portfolio applications.

*Paul Tramontozzi* spent most of his 14 year career on Wall Street as an ETF trader. He is a certified financial planner with the independent firm, KBK Wealth Management. He began his finance career on the floor of the American Stock Exchange in 2001.

**Developing a Financial Plan for Life**

4 Tuesdays: April 17–May 8, 7–8:00 pm  
MHS Palmer / $50 / BC23S18  
Does financial management seem overwhelming? Ever feel like you are losing the forest for the trees? This four-part class on developing a financial plan for life is ideal for people at all life stages. Learn how to organize your financial life, to put together a realistic plan for retirement, to grasp the important fundamentals of investing, to mitigate risk with insurance, to manage cash flow and debt and to take control of college planning.

*Paul Tramontozzi.*

**Health Insurance Basics for Under 65 Years of Age**  
NEW

Tues, April 10, 6–8:00 pm  
MHS Palmer / $20 / BC24S18  
Learn the complex options for purchasing health insurance, whether you are part of an employer-sponsored plan or a government-sponsored plan or whether you are purchasing health insurance through the exchanges. Learn important elements of the Affordable Care Act, the NYS Health Marketplace, how the Child Health Plus program is available regardless of income, the pros and cons of high deductible plans, the benefits of Health Savings Accounts, how tax credits can lower premiums. Also learn about the SHOP exchange and Healthy NY. Come with questions and a notebook.

*Wayne Quint* is a licensed Life, Accident and Health insurance agent. He is certified with the NYS Partnership for Long-Term Care program with Medicaid as well as the NYS of Health Insurance Marketplace Exchange. He is an independent Certified Financial Planner™.
Social Media for Business and Personal Use  NEW

3 Mondays: April 9–23, 7–8:00 pm
MHS Palmer / $90 / BC25S18
Given the evolving role of Social Media in our fast-paced global economy, having a basic understanding of the different channels and their use is critical for both business and personal use. This three-session class provides a “hands on” deep dive into the most widely used and consequential social media platforms: Facebook, Twitter/Instagram/Snapchat and LinkedIn. Each hour-long session will include a 30-45 minute “how to” lecture followed by a 15-30 minute Q&A and practice session. Preparation in advance required: Please come to class with accounts created and logins open across all social media platforms.

Suzanna Keith is a Digital Media Executive and Social Media Disrupter with vast experience in marketing and communications.

Instagram Road Show  NEW

Mon, April 30, 7–9:00 pm
MHS Palmer / $30 / BC26S18
Instagram is an effective tool for small businesses and entrepreneurs to create awareness for their brand and even grow their revenue. This two-hour session will include a 45-minute presentation of “how to” guidelines that small businesses and entrepreneurs can use followed by a 1-hour and 15 minutes Q&A and practice session. Advanced preparation required. Please come to class with an Instagram account created and logins open.

Suzanna Keith.

Long Term-Care Insurance: An Introduction

Tues, May 15, 7–8:30 pm / MHS Palmer
$20 / DL59S18
Long-term care insurance has become an essential part of every financial plan. Within the past 10 years, the long-term care discussion has entered a “new reality”—longer life expectancies mean greater probability of needing care; rising health care costs have put added pressure on retirement accounts; and families must re-think the criteria they use in making critical life decisions. What role should long-term care insurance play in your financial planning? When should you buy it, what key concepts do you need to know, and how much does it cost? New product designs have been introduced to help individuals cope with this reality and take responsible action. Learn about all the options in a one-hour seminar lead by an experienced insurance advisor.

Jim Relyea is head of an independent consulting firm, JR Select, Inc. specializing in life and long-term care insurance consulting, custom-designing coverage for individuals and families. Jim holds Life and Long-term care insurance licenses in NY, CT and FL as well as Certified Financial Planner, Certified Insurance Consultant and Certified Long-Term Care Consultant designations.

Planning Your Next Career Move

2 Tuesdays: March 13 & 20
11:15 am–1:15 pm
Larchmont Temple / $60 / BC28S18
This course is designed for those actively seeking employment or volunteer leadership opportunities. You will receive objective feedback on your work goals, search, interview process and search strategy. Through in class exercises and homework assignments, Career coach Roseanne Amoils, will facilitate learning, discussion, and peer support on the steps required for a successful transition to your “next move”.

Suzanna Keith.
Creating an Effective Resume
Tues, March 27, 11:15 am–1:15 pm
Larchmont Temple / $50 / BC30S18
In this course, you’ll receive step-by-step guidance on creating a resume that highlights your accomplishments, specifically targets potential employers’ needs, and successfully passes the digital divide to reach hiring or HR managers. The class will cover effective resume content, essential key words, positioning of employment gaps and career changes.

Roseanne Amoils is certified by the International Coach Federation and completed the Coach Training Institute’s (CTI) certification program in 2006. She shares her knowledge of work readiness and the job search process with hundreds of Westchester residents as the Job Search Coach at Yonker’s Riverfront library and privately through What’s Next Club®.

Math 1 SAT II Test Prep NEW
10 Mondays: March 12–May 21
(no class April 2), 7–8:30 pm
MHS Palmer / $400 / PR19S18
Prepare for College Board’s SAT II Math 1 subject test – a competitive one-hour, 50 multiple choice question exam. This exam assesses the knowledge a student has gained from three years of college preparatory mathematics, including two years of algebra and one year of geometry. This prep course reviews familiar concepts, further explains topics and guides students through the additional material covered on the SAT II exam. Students will learn test-taking strategies and do practice problems, which will also be assigned as homework. Students should purchase Barron’s SAT Subject Test Math Level 1 Paperback, 6th Edition, ISBN-13: 978-1438007908, ISBN-10: 1438007906

Math 2 SAT II Test Prep NEW
10 Thursdays: March 15–May 24
(no class April 2), 7–8:30 pm
MHS Palmer / $400 / PR20S18

Marcus Johnson is a NYS certified K–12 math teacher with over 20 years of teaching and tutoring experience.

David Crino is a NYS certified biology and chemistry teacher with over 16 years of teaching and tutoring experience.
College Essay Kick Start  NEW
Wed, June 27, 7–9:00 pm
Larchmont Temple / $40 / PR21S18
This interactive workshop for rising seniors will focus only on the Common Application Essay, reviewing the prompts, brainstorming approaches and drafting a first paragraph of the infamous “College Essay.” The goal is to excite rather than to daunt. Each student has a story to tell in their own voice through their own point-of-view. Registered students will be provided with handouts prior to this lecture and given a brief assignment to bring to the workshop.

Elizabeth England is a high school and college application coach. She is a member of the National Association of College Admission Counseling.

College Essay Writing Boot Camp
5 Sessions: Monday–Friday, August 27–31
7:30–9:00 pm / Larchmont Temple
$225 / PR03SU18
This five-day intensive course will guide rising seniors through writing the Common Application Essay used by most colleges and universities. The class begins with brainstorming topics, continues through the drafting process, and finishes with the creation of a polished essay prior to the start of the busy senior academic year. Students should plan on attending all five sessions if they hope to produce a useable personal statement by the end of the week. This course assumes students enter with no draft written yet; after brainstorming exercises in the first session, students will write a very rough first draft at home. The remaining four class sessions will consist largely of individual consultations with Dr. Padurano, so students should bring a laptop or hard copies of their draft to continue working in class.

Dominique Padurano, Ph.D., is the President and Head Tutor of Crimson Coaching™. Dr. Padurano possesses 4 NYS teaching certifications, 12 years classroom and 30 years tutoring experience. A magna cum laude graduate of Harvard, she earned her doctorate in History from Rutgers and also holds a Master’s degree in Secondary Education.

STEM Young Makers Workshops—4th & 5th Graders
6 Thursdays: March 8–April 19 (no class April 5), 3:30–5:30 pm
Hommocks / $300 / PR04S18
Join our Makers workshop where we focus on interactivity! Students will learn the basics of computer programming and electronics with an emphasis on experimentation and problem solving. Every session begins with a new project requiring students to collaborate and also work individually. As the projects become more advanced, students will begin using Arduino boards and physical components to produce interaction with light, sound and movement. All students are required to bring their own laptops for this class and must have at least 2 hours of battery life and 1 USB port.

Will Jamieson is a graduate of SUNY Purchase with a degree in Mathematics/Computer Science. He has also been a Computer Programming Instructor since 2014.
Cameras, Computers & iDevices

Introduction to your MAC  NEW

3 Thursdays: March 8, 15, 22, 12:30–2:00 pm / Larchmont Temple / $99 / CM34S18
Bring your Mac laptop to class for this in-depth, special, hands-on multi-session course. Learn Mac Basics: Mac OS X, Mail, Safari, FaceTime, iTunes, iPhoto, iMessages, iCal, and much more! Please make sure your laptop is charged and bring your power cable. Come with questions!

SIRI

Tues, May 8, 12:30–2:00 pm
Larchmont Temple / $35 / CM25S18
Confused about your iDevice’s Settings? Wonder about the difference between Notifications, Control Center, Do Not Disturb, Hotspots, iCloud, and various Apps’ settings? Not sure which switch should be on or off — and why? Concerned about battery life, privacy, ad tracking, GPS and more? Explore and learn about all the Settings and customize them to serve your digital lifestyle.

Donald Gambino is an educator, artist, computer consultant and private trainer who helps people master their digital information and technology for career, leisure and everyday life.

iPhone Essentials

2 Sessions: Monday & Wednesday
March 19 & 21, 4:30–6:00 pm
MHS Palmer / $70 / CMO8S18
Learn the basics of your iPhone as well as all the hidden features you may not realize your phone even has! This course will provide an overview to the basic functions of the most common uses of the iPhone: making calls, text messaging & keyboards, storing contacts, using email, taking photos, surfing the web, and downloading apps. The 2nd session will delve more into personalizing settings and preferences, as well as give you time to practice with your device.
Required: Bring your fully charged device and be updated to iOS 11. You also MUST know your Apple ID/password as well as any other account passwords for email or apps. Contact the instructor at emilydombroff@gmail.com if you have questions about this or anything that will or will not be covered in the class.

iPhone Camera, Photos & Apps  NEW

2 Sessions: Monday & Wednesday
March 26 & 28, 4:30–6:00 pm
MHS Palmer / $70 / CM32S18
Have you ever wondered how to take better photos and videos with your iPhone? Have you ever wondered what to do with your photos once you’ve taken them? If so, then this course is for you. The first session will provide an overview of the basic functions of the camera app, different tricks for taking photos, and the many things you can do with the photos/videos once you’ve taken them. The 2nd session will delve more into “sharing” photos and videos. This will include organizing the photo library on your phone, making albums, sending via text message, email, or shared album. The course will also provide a basic introduction to photo sharing & organization apps. Required: Bring your fully charged device and be updated to iOS 11. You also MUST know your Apple ID/password.
iPhone Open Session  NEW
Wed, April 18, 5:30–7:00 pm / MHS Palmer
$35 / CM33S18
This one session class is perfect for anyone who has taken previous iPhone courses with LMCCE or for more advanced users who have specific questions they need answered. Basic information will be provided but the course will mainly be dictated by the questions you bring. You are guaranteed to walk out knowing more about your phone than when you walked in.

Required: Bring your fully charged device and be updated to iOS 11. You also MUST know your Apple ID/password. Contact the instructor at emilydombroff@gmail.com if you have questions about this or anything that will or will not be covered in the class.

Photoshop for Beginners
6 Wednesdays: March 7–April 18
(no class April 4), 7–9:00 pm
MHS Palmer / $180 / PH05S18
This class introduces Photoshop to the beginner in a methodical and engaging series of lessons that involve classroom practice with photographic images. Starting with basic tool sets, the class progresses to projects that apply techniques that utilize layers, masks and tonal and color adjustment procedures. Students will become acquainted with retouching methods along with the rich creative possibilities Photoshop offers for compositing and enhancing.

Martin Merchant was Art Department chair at Hastings High School and spent over two decades as a commercial photographer. He has taught film photography, digital imaging, Photoshop and computer graphics to all ages for over 30 years.

Photoshop: Finish a Personal Project  NEW
6 Wednesdays: April 25–May 30, 7–9:00 pm
MHS Palmer / $180 / PH12S18
This is a class that supports struggling Photoshop users who are grappling with a personal project—like scanning and retouching old family photos, preparing vacation images for online or print publication, or artists who are exploring the creative potential of Photoshop—and need expert guidance. It is not a class for beginners, but for users who are familiar with basic tools and processes. Working on iMacs with current versions of Photoshop CC, students will bring in their own images on flash drives and work on their projects during class. Time will be taken to point out effective tool use, short cuts, and efficient workflow.

Martin Merchant.

Digital Photography for Beginners
7 Mondays: March 5–April 23
(no class April 2), 7–9:00 pm
MHS Palmer / $175 / PH09S18
Train your eye and expand your skills as you learn the fundamentals relating to our digital SLR: F stops, shutter speeds, exposure and light metering and basic photoshop tools. Digital SR camera required.

Barry Mason is a photographer and painter. He was educated at The Corcoran School of Art and Indiana State University. He has several commercial photography clients and has taught photography at Horace Mann School and ArtsWestchester.
Digital Photography for Intermediates

6 Mondays: April 30–June 11
(no class May 28), 7–9:00 pm
MHS Palmer / $210 / PH11S18
Do you already have the basics but want to take your skills to the next level? Train your eye and expand your skills as you learn the fundamentals relating to your digital SLR: F stops, shutter speeds, lens, exposure control and light metering, ASA/ISO and basic Photoshop tools. Engage in fun and imaginative assignments and discuss them in class. Work towards a personal aesthetic and build your portfolio! Digital SLR camera required

Barry Mason.

Discussions & Lectures

Let It Glow

Wed, May 23, 5–7:00 pm
MHS Palmer / $25 / DL61S18
We will look at works of important artists that have mastered the medium of neon to convey emotion and ideas. Starting from the premise that art is a concept, many post war artists have stripped aesthetics from their work and found the minimal path necessary to convey their message. Yael Bartana, Glenn Ligon, James Clar, Dan Flavin, and others are examples. We will explore how these artists have pushed the boundaries of art and the Neon medium.

Ronnit Vasserman.

Art Appreciation

Each week, art historian Jill Kiefer explores a different genre of art with a wide ranging discussion of its impact on modern culture and civilization, its role in shaping history, its influence on other artists and topics of pure whimsy! Register for one or for the whole series!

Mexico

Thurs, March 8, 9:30–11:30 am
Larchmont Temple / $35 / DL62S18
The art of Mexico embodies that country's long struggle to form a cultural and artistic identity. Embedded in Mexico’s artistic production is a centuries-long cultural heritage, including the Pre-Columbian, Spanish Colonial, and Western European traditions, among others. In this program, we'll discuss the overtly political murals of Diego Rivera and the Mexican Muralist School to the deeply personal works of such artists as Frida Kahlo, and Rufino Tamayo, and Mexico's extraordinary graphic and folk arts tradition

Reincarnations

Thurs, March 15, 9:30–11:30 am
Larchmont Temple / $35 / DL63S18
In this program, we will examine the relationships between some of the greatest Modernists and the extraordinary Old Masters—as well as the influence of Antiquity and Medieval Art on Modern Art. We will examine artists including Picasso, Rivera, Klee, Kirchner, Arp to identify precisely HOW the past influenced (and continues to influence) the “future” – and WHY!
Muses

Thurs, March 22, 9:30–11:30 am
Larchmont Temple / $35 / DL64S18

From the nine muses and great goddesses of ancient mythology—to the enigmatic figures of the medieval-renaissance era—to the secular “muses” of more recent years, there have always been individuals who have had a profound effect on artists. There are also a lot of “Secrets and Scandals” that surround certain artists’ relationships—and particular works of art. Join us to find out what (and who) some of them are—and to discover what kinds of characteristics inspire artists. You’ll see some beautiful images in this class—and will catch up on a lot of art historical gossip!

Fantastic Naifs

Thurs, April 12, 9:30–11:30 am
Larchmont Temple / $35 / DL66S18

Naive artists (also called Naïfs) include individuals in civilized societies who lack or reject conventional expertise in the representation or depiction of real objects. These artists, such as Henri Rousseau and Grandma Moses, pursue their art with the same commitment as formally trained individuals. Outsider Art (also known as Brut Art) generally refers to works produced by individuals living on the fringes or outside of mainstream societies, such as prisoners, patients institutionalized for mental illness, and homeless people. Henry Darger and Paul Edlin are two examples. We’ll track the evolution of these pathways to making art, with special emphasis placed on the artists’ motivations—and the influences of their art on the broader culture.

Beauty & The Beast

Thurs, April 19, 9:30–11:30 am
Larchmont Temple / $35 / DL69S18

In this program, we’ll explore animals in art throughout the ages—from prehistoric cave paintings to the present day. We will examine works from the fantastic bestiaries of the Middle Ages—and have a look at creations rendered by such brilliant artists as John James Audubon, Jean-Baptiste Oudry and Alexander Wilson, among others. This will be a delightful journey in art over time from the perspectives of our friends in the animal kingdom!

Under The Cover of Night

Thurs, April 26, 9:30–11:30 am
Larchmont Temple / $45 / DL70S18

Why are nighttime scenes so unusual in art? Who painted them, and why? These are among the questions we’ll address—through masterworks from the medieval-renaissance era right through the present day. We’ll look at both exterior and interior environments as we take in the moods and drama suggested by darkness.
Nakedness

Thurs, May 3, 9:30–11:30 am
Larchmont Temple / $35 / DL71S18

The nude is classic, timeless, elemental, primal, and universal. Although our physical being eventually ends—in the hands of an artist, that fleeting, imperfect, and fragile “package” gains a noble immortality and perfection that transcends its mere physicality. While the “nude” suggests beauty in its purest form—“nakedness” implies vulnerability, fear, and shame. In this program, we’ll examine some of the greatest works of art featuring the unclothed figure, in order to identify how the handling and treatment of the body corresponds to broader subjects and themes.

Michelangelo

Thurs, May 10, 9:30–11:30 am
Larchmont Temple / $35 / DL72S18

No other individual in the history of art can match the esteem in which Michelangelo Buonarroti is held. Michelangelo remains among the very small group of creative geniuses who succeeded in expressing the tragic nature of the human condition with a depth and scope that transcends the boundaries of time and place. In this program, Michelangelo’s development will be analyzed in cultural, political, religious, intellectual, and artistic contexts, through an examination of selected major works. Discover why Michelangelo is widely regarded as the greatest artist of all time—and why some scholars also view him as the first modern artist!

Giants of Photography

Thurs, May 24, 9:30–11:30 am
Larchmont Temple / $35 / DL73S18

The acknowledgement of photography as a fine arts form came only after a long struggle for acceptance—and a series of extraordinary works of photographic art. In this program, we’ll explore some of that history and a few of the photographic geniuses who elevated the status of photography, including Alfred Stieglitz, Ansel Adams, and Margaret Bourke-White. We’ll also have a look at why women were able to break into the field of photography more successfully than in other areas of the fine arts.

Jill Kiefer, PhD, is an art historian and teaching artist. She’s been designing, coordinating and leading programs and tours in Art History and Fine Arts for over thirty years—in university, institutional and community environments around the globe.

In the News

11 Tuesdays: March 6–May 22
(no class April 3), 9:30–11:00 am
Larchmont Temple / $242 / DL32S18

It’s more important than ever to separate facts from fake news and to understand the impact of stories behind the headlines and Twitter feeds. Grab a cup of coffee, bring an open mind, and join a fellow group of news junkies in discussing the week’s major international, national, and local events.
American Lives: Troublemakers  NEW
6 Tuesdays: Mar 6 & 13, Apr 10 & Apr 17, May 8 & May 15, 12:30–2:00 pm
Larchmont Temple / $150 / LW23S18
Read and discuss biographies of three American figures who shook up the status quo, for good or for ill. Discuss 20th century feminism and the fascinating life of William Moulton Marston, inventor of the lie detector test and creator of Wonder Woman, in Jill Lepore’s The Secret History of Wonder Woman. Robert Griffith takes on the rise and fall of Sen. Joseph McCarthy in The Politics of Fear, and Juan Williams explores the “complex and combative” life of the first African-American Supreme Court Justice, in Thurgood Marshall; American Revolutionary.

Leslie Blank received a BA from Emmanuel College, a Masters in Russian Language and Literature from the University of Pennsylvania, and a Masters of Liberal Studies with a concentration in American Studies from Manhattanville College.

My So-Called Biblical Life: Imagined Stories from the World’s Best-Selling Book
Tues, March 27, 7–8:30 pm
MHS Palmer / $30 / DL39S18
Join Dr. Julie Faith Parker for a discussion of her new book, My So-Called Biblical Life: Imagined Stories from the World’s Best-Selling Book. The book gives fresh perspective to stories from the Bible, with short essays that transport the reader into the dramatic, emotional world of the Bible. This talk will explore portrayals of Bible characters, turning them into vibrant portraits of men, women, and children from antiquity whose struggles and hopes still speak to us today.

The Rev. Dr. Julie Faith Parker earned her Ph.D. with distinction in Old Testament/Hebrew Bible from Yale University. She has authored or edited six books and numerous articles. Dr. Parker earned a BA at Hamilton College, her M.Div. from Union Theological Seminary, and has four degrees from Yale. She currently is an Old Testament professor at Trinity Lutheran Seminary in Columbus, Ohio.

ESL

America Through Literature
10 Mondays: March 12–May 21 (no class April 2), 9:30–11:30 am
Larchmont Temple / $300 / ES03S18
Learn about American history, society, politics and culture and practice your conversation skills. We will read and discuss a wide range of American literature to gain an understanding of the broad sweep of United States’ history, and to get insight into the current state of affairs. The class includes lectures and discussions, and uses videos, music, maps, photos, and handouts to bring the story to life. The cost of study materials is included in the fee.

Intermediate To Advanced
10 Wednesdays: March 7–May 16 (no class April 4), 9:30–11:30 am
Larchmont Temple / $300 / ES04S18
This ESL class is designed for intermediate to advanced level students who want to take their communication abilities to the next level. The focus will be on lively conversation as well as writing. Class materials include stories, articles, videos, movies, music and art—all intended to be stimulating and fun. Vocabulary, fluency, and confidence in using English will improve. Grammar, though not the primary focus of the class will be taught on the fly as questions arise. The teacher will provide exercises to address specific grammar issues as needed. The cost of study materials is included in the course fee.

Katherine Korth Dehais graduated Phi Beta Kappa from Columbia University’s School of International Affairs. She received her TESOL training at Westchester Community College where she is on the faculty of the English Language Institute.
Film

Independent Films: Now and Forever!

5 Monday Evenings: March 5, April 9 & 23, May 7 & 21, 7–10:00 pm
MHS Tiered Classroom / $125 / FM01S18

5 Wednesday Afternoons: Mar 21, Apr 11 & 25, May 9, May 23, 3–6:00 pm
Mamaroneck Library / $125 / FM02S18

Do you love the movies but want to be challenged by the kinds of independent films and foreign films that are outside the mainstream? Dr. Michael DiGennaro carefully curates a selection of films you probably haven’t seen! Prior to screening he introduces the film and gives background on its Director. Join in the post screening discussion of narrative themes, cultural context and cinematic technique.

Last session’s screenings include: Frantz (French-German), Get Out (the award winning Indie hit of the year), Marjorie Prime, Land of Mine (Danish film based on a true occurrence at the end of WW II) and The Salesman (Iran, won the Best Foreign film at the 2017 Oscars).

Michael DiGennaro, PhD is a former Mamaroneck High School English teacher and a film scholar and instructor.

Fitness

Line Dancing NEW

8 Mondays: April 9–June 4
(no class May 28), 7:30–8:30 pm
MHS Post Road Gym / $160 / FI56S18

You’ll learn basic steps including grape vines, weaves, shuffles, pivot turns, lock steps, coaster steps, rocking chairs, Monterey, jazz boxes and others! You’ll dance to some fun popular country as well as a few fun “classics”. Grab a friend and have some fun for fitness!

Adam Cherko is an instructor for The Knights Line Dancers in Rockland Country as well as a private and group instructor in Westchester.

Golf Lessons at Lake Isle

Intermediate Men & Ladies (Limit 5 students)
5 Sundays: March 25-April 29
(no class April 1), 3–4:15 pm $335 / FI55S18

Beginner Ladies (Limit 5 students)
5 Thurs.: April 12–May 10, 12–1:15 pm /
$335 / FI56S18

Beginner & Intermediate Men and Ladies
(Limit 5 students)
5 Tuesdays: April 10–May 8, 12–1:15 pm
$335 / F131S18

Lake Isle Country Club, 660 White Plains Road, Eastchester

Small class size allows instructor to address every aspect of the game, from rules and etiquette to short games and full swing. This is a great way to learn the game and meet other golfers. Experienced players can make changes or keep it fresh for the season. Maximum of five students ensures individual attention from the instructor. Please—no open-toed shoes.

Kevin Chin, PGA Teaching Professional, has been at Lake Isle Country Club since 2002. He received Westchester Magazine’s reader’s choice award for Best Golf Pro in 2014, 2015 and 2016, and Top 50 Golf Instructors by US Kids Golf from 2012-2015
MBSR: Mindful Based Stress Reduction

Intro to MBSR
Wed: March 14, 6–7:30 pm
MHS Tiger Lounge / $35 / FI11S18

Full Class MBSR
8 Wednesdays: Mar 21 & 28, Apr 11, 18 & 25, May 2, 16 & 23, 9:30–12:00 pm
Larchmont Temple / $525 / FI12S18

Sunday Retreat, April 29, 9:30-2:30 pm
Developed by Jon Kabat Zinn at the University of Massachusetts Medical Center in 1979, the MBSR course is considered the gold standard for research based mindfulness training programs. Mindfulness is an inherent human capacity that can be developed and strengthened. It has been proven as a highly effective adjunct treatment for individuals who deal with illness and chronic pain as well as anxious mood states. This program offers an in-depth introduction to mindfulness meditative practices. Please visit our website for a complete description. Note: students receive credit for intro fee if they register for the full class.

Laurence Magro, MS, MBA, is a Licensed Mental Health counselor who has trained extensively in MBSR at the Center of Mindfulness at the University of Massachusetts medical School and holds a master degree in Counseling Psychology.

Yogalates
9 Mondays: March 19–May 21
(no class April 2), 9:15–10:30 am
Larchmont Temple / $250 / FI52S18

8 Wednesdays: March 21–May 30
(no class April 4, 11 & May 2), 9:15–10:30 am
Larchmont Temple / $225 / FI53S18
Yogalates fuses principles of core stability with the foundation of yoga. This class combines exercises to strengthen the core muscles by working surrounding muscle areas and incorporating yoga postures. Yoga stretches and poses are integrated to build strength, flexibility and balance. Class suitable for all levels. Limited to 12 participants.

Kyle Greenberg, received her 200-hour Yoga Certification from Yoga Haven in Tuckhaoe; her 60 hour Advanced Teacher Training from OM Yoga in New York City; and her Pilates Mat from Jonathan Urla, Yoga Therapy.

Feldenkrais: Natural Healing from Stress and Pain
11 Tuesdays Mornings: March 6–May 22
(no class April 3), 10:15–11:15 am
Larchmont Temple / $255 / FI01S18

12 Wednesday Evenings: March 7–May 30
(no class April 4), 7–8:00 pm
MHS Tiger Lounge / $275 / FI05S18
Recently highlighted in the New York Times, Feldenkrais is an alternative natural way to treat chronic pain, alleviate stress on joints, and improve posture and dexterity. Students become more aware of repeated movement patterns that lead to stress on the back and joints. Also highly recommended by well known physician and author Dr. Andrew Weil. Please visit our website for a complete description. Note: students are required to bring a yoga mat.

Inge Unger is a Certified Teacher in the Feldenkrais Method.
Zumba Gold

13 Thursdays: March 1–May 31 (no class April 4), 9:15–10:15 am
Larchmont Temple / $338 / FI03S18

An easy to follow, safe and effective total body workout that feels more like a dance party. Latin and international dance rhythms are the basis for this energizing cardio workout. Appropriate for all fitness levels and designed for older active adults.

Angela Hultberg is group fitness and personal trainer certified, Zumba® licensed, and has taught dance and exercise classes from Aerobics to Weight Training since 1980.

T’ai Chi

13 Thursdays: March 1–May 31 (no class April 4), 10:30–11:30 am
Larchmont Temple / $338 / FI06S18

Overcome the fear of falling and lead a stronger and more independent life. T’ai Chi is an ancient Chinese martial art form developed to enhance emotional and physical well being. In this class students will learn techniques from the practice to prevent falls by improving the many dimensions of balance.

Angela Hultberg.

Pickleball

6 Tuesdays: March 6–April 17 (no class April 3), 7:30–9:30 pm
MHS Post Road Gym / $150 / FI13S18

7 Tuesdays: April 24–June 12 (no class May 29), 7:30–9:30 pm
MHS Post Road Gym / $175 / FI14S18

This paddle sport is ideal for all ages and skill levels. Easy to learn, pickleball combines elements of tennis and ping pong, and is a low impact sport that minimizes chance of injury. Whether you are a beginner or experienced player, this class will provide an opportunity to practice and play singles and doubles games. Great fun and an excellent workout! Please wear comfortable clothes and sneakers. All equipment provided.

Betsy Underhill is the Greenwich High School’s girl’s tennis coach and an avid player of and advocate for Pickleball.

Platform Tennis: Intermediate

3 Fridays: March 2, 9 & 16, 11:30 am–1:00 pm
Flint Park Paddle Court / $130 / FI30S18

For those with 1+ years of playing experience, this class is for intermediate-level platform tennis players who want to focus on positioning and strategy. Dress warmly in layers (you will get warm and want to adjust your clothing) and wear sneakers. Balls will be provided. Bring your own racquet.

Platform Tennis for Tennis Players

3 Fridays: March 2, 9 & 16, 1–2:30 pm
Flint Park Paddle Court / $130 / FI29S18

Tennis players will quickly adapt their tennis game to the short-handled racquet, compact court size, and bouncier ball used in platform tennis. Easy to learn, the game is played on an aluminum deck about 1/3 the size of a tennis court that is surrounded by a 12-foot high superstructure with taut fencing which allows play off the walls, as in racquetball and squash. You’ll use short-handled racquets and bouncy, dense balls. Dress warmly in layers (you will get warm and want to adjust your clothing) and wear sneakers. Racquets and balls will be provided.

Lose Weight with Hypnosis NEW

Thurs, March 8, 6–7:15 pm
MHS Palmer / $35 / FI57S18

You’ve heard that “diets don’t work.” There is some truth to that. Weight loss begins in your mind. Discover the easy way to start shedding those extra pounds through the power of your mind with hypnosis. Finally, your opportunity to take charge of your life. Please bring a pillow and a sleeping bag or mat.
Great Sleep with Hypnosis  NEW

Thurs, March 8, 7:30–8:45 pm
MHS Palmer / $35 / FI58S18
How did you sleep last night? For many of us, it’s a nightmare (no pun intended). Through hypnosis discover practical and effective techniques to fall asleep quicker, to get a full night’s sleep, and to get by with less sleep and still be full of energy the next day! Bring a pillow and a sleeping bag or mat.

Superpower Memory

Tues, May 8, 7:45–9:15 pm
MHS Palmer / $35 / FI23S18
Are you terrible at remembering names? Forget where you put your car keys? Learn the secrets of developing a near photographic memory, with very little effort. Whether you’re a student looking to get better grades, a sales person who needs to remember names, and whether you are 15 or 95 years, you will benefit from this workshop.

Psychic Reading

Tues, May 8, 6:00–7:30 pm
MHS Palmer / $35 / FI24S18
Here is an opportunity to learn more about yourself, your relationships and your romantic and business partnerships. You will receive a detailed numerology chart prepared for you based on your name and birthday. Learn what motivates you, best careers turning points and your personal horoscope every day for a year!

Marc Sky specializes in workshops, psychic house parties, lectures, seances, entertaining ESP programs for parties as well as hypnotizing people to help them overcome personal problems such as weight, stress and smoking.

Games

Bridge: Beginner

7 Mondays: March 5–April 23
(no class April 2), 7–9:00 pm
MHS Palmer with Jill Marshall
$280 / GI12S18
6 Wednesdays: April 18–May 23
7–9:00 pm / MHS Palmer with
Arthur Seelenfreund / $180 / GI02S18
Join the crowd with this hot game! Learn basic bidding and elementary play in this class for those who have never played the game before. Your instructor’s teaching style will make learning bridge fun!

Jill Marshall began playing duplicate bridge in 2007 and has been on the top 500 list for the last several years. In 2013 she finished #171 in North America. She is a Gold Life Master.

Arthur Seelenfreund is an ACBL certified Bridge Director and Teacher, and a Silver Life Master.

Bridge: Beyond Beginner

7 Mondays: April 30–June 18
(no class May 28), 7–9:00 pm
MHS Palmer / $280 / GI07S18
This class is for players who have taken our Beginner Bridge class or who have some experience. We will expand upon the basics and learn conventions by playing prepared hands.

Canasta: Beginner
6 Mondays: March 26–May 7 (no class April 2)
10:00 am –12:00 pm / Larchmont Temple
$150 / GI08S18
6 Wednesdays: April 18–May 23
10:00–12:00 pm / Larchmont Temple
$150 / GI08S18
Canasta is experiencing a comeback! This class will explore the basic rules, table rules and strategies set forth by The Canasta League of America. There will be a $20 materials fee payable to the instructor at the first class.

Canasta: Strategies & Supervised Play
6 Wednesdays: May 30–July 11
(no class July 4), 10:00 am –12:00 pm
Larchmont Temple / $150 / GI14S18
Take your game to the next level. This class will focus on advanced partner strategies and special hands. There will be a $20 materials fee payable to the instructor at the first class.

Jamie Meadow is a certified teacher by The Canasta League of America. She teaches couples, individuals, and groups in Westchester, NY.

Mah Jongg: Beginner
6 Mondays: June 4–July 16 (no class June 2)
1–3:00 pm / MHS Palmer / $150 / GI05S18
Learn the game that your grandmother loved and that’s regaining popularity among the young and savvy. This class will focus on the game’s fundamental components, including pieces, rules and playing strategy. You’ll be provided with all learning materials and current NMJL cards. There is a $15 materials fee payable to the instructor at the first class.

Katie Goldberg is an avid mah jongg enthusiast who has been teaching the ancient, popular Chinese tile game for over 15 years.

Languages

Mandarin: Beginner NEW
12 Thursdays: March 8–May 31
(no class April 5), 7–8:30 pm
MHS Palmer / $300 / LA31S18
This course is for students with no previous knowledge of Mandarin Chinese, or who would like to review the very basics of the language.

Shanshan Li came to the US from her native China seven years ago and has extensive experience teaching Chinese in public and private schools and as a tutor. Her teaching experience ranges from young children to adults.

Russian: Beginner NEW
11 Tuesdays: March 6–May 22
(no class April 3), 7–9:00 pm
MHS Palmer / $275 / LA30S18
Develop basic skills in grammar, writing, reading and conversation. Language study involves both everyday life situations and cultural training.

Mariana Bolgova, Ph.D. is a native Russian speaker. She has taught Russian as a second language at schools and colleges for 20 years. She holds Ph.D. in Russian Literature.
Spanish Immersion: Fiesta Latina
Cooking Demo & Lunch at Sonora  NEW
Thurs, March 8, 12–2:00 pm
Sonora Restaurant, Port Chester
$52 / FW03S18
Chef Palomino will introduce you to the flavors of ‘Nuevo Latino Cuisine’. Learn to create Seafood Paella with Shrimp, Clams, Mussels, Chorizo and Sofrito right out of chef’s own cookbooks. The presentation will be in Spanish with English explanations as needed. Following the cooking demonstration enjoy a three-course meal of Quinoa, Eggplant and Goat Cheese Empanadas with Chocolate Vinaigrette, Paella (prepared in the demo) and Dulce De Leche Cheesecake with Guava sauce for dessert.

Spanish Beginner – Day
11 Mondays: March 5–May 21
(no class April 2), 9:15–11:15 am
Larchmont Temple / $330 / LA01S18
This course is for students who are continuing the course from the fall/ winter or for those with prior knowledge of the language. Learn everyday vocabulary, grammar, and how to ask and answer basic questions.

Esther Tesan attended ESSAM International Business School in Zaragoza, Spain and has been teaching Spanish in the U.S. for several years.

Spanish Immersion – Evening
(See Beginner Day)
11 Mondays: March 5–May 21
(no class April 2), 7–8:30 pm
MHS Palmer / $330 / LA02W18
Michele Celestino is certified in Spanish grades 7-12 with an N-6 extension, ESL K-12. She has taught adults Spanish and ESL for several years.

Spanish Beyond Beginner
12 Wednesdays: March 7–May 30
(no class April 4), 9:15–11:15 am
Larchmont Temple / $360 / LA03W18
This course is for students who are continuing the course from the fall/winter or for those with prior knowledge of the language. For those who completed Beginner Spanish or its equivalent. We'll continue to build vocabulary and work on verbal skills so students will have many opportunities to speak in class.

Ester Tesan.

Spanish II
11 Tuesdays: March 6–May 22
(no class April 3), 12:15–2:15 pm
Larchmont Temple / $330 / LA27S18
This course is for students who are continuing the course from the fall/ winter or for those with prior knowledge of the language. Also ideal for those who have completed Spanish Beyond Beginner or its equivalent. Students continue to build vocabulary and work on verbal skills so students with speaking in class. The past and future tenses, and irregular and reflexive verbs are introduced.

Pilar Buenahora received a BA in Communications from La Javeriana University in her native Colombia. Since moving to the U.S. she has embraced teaching her native language.
Spanish III
12 Wednesdays: March 7–May 30
(no class April 4), 9:30–11:30 am
Larchmont Temple / $360 / LA07S18
This course is for students who are continuing the course from the fall/ winter or for those who have completed Spanish Level II or its equivalent. Students continue to master the past and future tenses, irregular and reflexive verbs, the preterite and pronouns.

Spanish Advanced Level III
11 Tuesdays: March 6–May 22
(no class April 3), 9:30–11:30 am
Larchmont Temple / $330 / LA11S18
This class is for those who have completed Spanish Level III or its equivalent. Emphasis on advanced verb forms and grammar.

Spanish Coffee & Conversation
11 Mondays: March 5–May 21
(no class April 2), 12–1:30 pm
Larchmont Temple / $275 / LA08S18
For advanced students this informal class will be run exclusively in Spanish. Bring your coffee or lunch and practice speaking on topics ranging from current events to arts and leisure activities.

*Margarita Spinetti* is an experienced Spanish instructor and native speaker.

French Beginner
15 Thursdays: March 8–June 21
(no class April 5), 7–9:00 pm
MHS Palmer / $450 / LA12S18
This class is for students who are continuing the course from the fall/ winter or for those with prior some knowledge of the language.

French Intermediate – Day
15 Wednesdays: March 7–June 20
(no class April 4), 12:30–2:30 pm
Larchmont Temple / $450 / LA14S18
This class is for those who have completed Advanced Beginner French or its equivalent. Emphasis is on improving fluency and pronunciation, with continued study of verb tenses. Expand knowledge of grammar and commonly used expressions through conversation and reading.

French Intermediate – Evening
(See Beginner Day)
15 Wednesdays: March 7–June 20
(no class April 4), 7–9:00 pm
MHS Palmer / $450 / LA28S18

French Advanced
14 Tuesdays: March 6–June 19
(no class April 3, May 29),
10:00 am–12:00 pm
Larchmont Temple / $420 / LA15S18
This course is for students who are continuing the course from the fall/ winter or for those with prior knowledge of the language. For proficient speakers who can participate easily in a variety of class discussions and exercises.

French Advanced Reading & Conversation
15 Thursdays: March 8–June 21
(no class April 5) 10:00 am–12:00 pm
Larchmont Temple / $450 / LA16S18
For proficient speakers who enjoy reading and discussing newspaper or magazine articles, as well as the occasional book. All topics are open for discussion.

*Nora Desrayaud* has taught both English and French at The Center for many years and is a native speaker.
German Beginner Level II

11 Mondays: March 5–May 21
(no class April 2), 7:30–9:30 pm
MHS Palmer / $330 / LA29S18
This course is for students who have taken the fall/winter class, or who have some basic knowledge of German grammar and vocabulary. Students will continue to build vocabulary and work on conversational skills, grammar and pronunciation.

German Beyond Beginner

12 Thursdays: March 1–May 24
(no class April 5), 7:30–9:30 pm
MHS Palmer / $360 / LA24S18
This course is for students who have taken Beginner German or those with some prior knowledge of the language. Students will continue to build vocabulary and work on conversational skills, grammar and pronunciation.

German High Intermediate

11 Tuesdays: March 6–May 22
(no class April 3), 7:30–9:30 pm
MHS Palmer / $330 / LA19S18
This course is for students who have taken German High Intermediate previously, or who have a prior knowledge of the language. Students will work on improving fluency and grammar through conversation, reading, discussions and videos.

Angelika Leissl has taught German classes at The Center for many years and is a native speaker.

Italian Beginner

11 Mondays: March 5–May 21
(no class April 2) 12:30–2:30 pm
Larchmont Temple / $330 / LA20S18
This course will review the basics of Italian grammar and vocabulary.

Italian Beyond Beginner

11 Tuesdays: March 6–May 22
(no class April 3), 10:00 am–12:00 pm
MHS Palmer / $330 / LA25S18
This class is for those who have taken Italian Beginner or those with prior knowledge of the language.

Ettore Viazzo was born in Italy, and worked for an international bank in Paris and London before being transferred to New York in 1987. He has taught Italian for several years.
Literature & Writing

Book Discussion
Little Fires Everywhere by Celeste Ng
Thurs, April 19, 1–2:30 pm
Larchmont Temple / $25 / LW23S18
Join cultural historian Lori Rotskoff for a lively, interactive book discussion of Celeste Ng’s new novel “Little Fires Everywhere.” Set in the placid suburb of Shaker Heights, Ohio, the story traces the intertwined fates of a picture-perfect family and a mysterious mother and daughter who move to town and upset the status quo of this carefully ordered community. Developing themes of race, class, motherhood, and belonging through a cast of compelling characters and a suspenseful plot, Ng explores the complexities of adoption, surrogacy, privacy, and privilege—as well as the explosive potential of untold secrets and the danger of believing social conformity can prevent disaster.

Lori Rotskoff is a cultural historian, author and teacher. She has a Ph.D. in American Studies from Yale.

Writer’s Workshop: Finding Your Gold NEW
Thurs, May 10, 12:30–2:30 pm
Larchmont Temple / $35 / LW25S18
Join us for an opportunity to work with published author Janet Benton, in this two-hour workshop for would be and current writers. For someone inclined to write, any powerful, formative experience is a nugget of gold. By working from that material, whether in fiction or autobiography, you can create moving stories that forge a strong bond with readers. So what are the stories that only you can tell, because of what life has given you? Through a process of craft talks, guided exercises, and discussions, you’ll deepen your story resources and begin to tell your most important story.

Creative Writing
6 Wednesdays: March 14–May 9
(no class March 21 & 28, April 4)
12:30–2:30 pm, Larchmont Temple
$258 / LW09S18
Want to write? This class is designed for both new and experienced writers of fiction, creative nonfiction and memoir writing. Students learn to identify and express authenticity through in class instruction and writing exercises, take home assignments and examination of published work. Limited to eight.

Amy Ralston Seife holds an MA in English Literature from Yale, an MFA in fiction writing from Sarah Lawrence and an MBA from Columbia University. She is a published short story writer, a freelance editor and the Managing Editor of The Westchester Review.
Short Stories: Expanding the Dream
8 Wednesdays: March 7–May 2
(no class April 4), 12:30–2:00 pm
Larchmont Temple / $200 / LW26S18

8 Thursdays: March 8–May 3
(no class April 5), 12:30–2:00 pm
Larchmont Temple / $200 / LW26S18A

From 100 Years of the Best American Short Stories, edited by Lorrie Moore, eight stories from the recent past by authors such as Charles Baxter, David Wong Louie, Jamaica Kincaid, Junot Diaz and Lauren Groff revealing the “cries and chatterings, silences and descriptions of a nation in flux.” Join in spirited discussions of stories attesting to our “ever-changing but continually compelling literary artistry.” Students should purchase the book.

Leslie Blank received a BA from Emmanuel College, a Masters in Russian Language and Literature from the University of Pennsylvania, and a Masters of Liberal Studies with a concentration in American Studies from Manhattanville College.

Registration Information

Online: www.lmcce.org
If you have any trouble logging on to your account please send an email to registrar@lmcce.org
We will send you a temporary user ID and password within 24 hours.

Mail: Please fill out the registration form on the inside back cover and mail it, with credit card information or a check payable to “The Center for Continuing Education.

Phone: 914.793.4435. We accept phone registrations during office hours, from 9:00 am–12:00 pm, Monday–Thursday.

Please Note: Registrations are ongoing and classes fill in the order in which registrations are received.

Refunds & Cancellations:
A full refund will be issued if your class is cancelled due to low enrollment or if it is filled. To cancel a registration, please contact our office 5 FULL BUSINESS DAYS prior to the class start date. You will receive a full refund, less a $15 processing fee. There are no refunds or credits once a course begins.

Trip refunds will only be issued if you withdraw more than 3 WEEKS prior to the trip date.

General Policies
The Center for Continuing Education does not assume any responsibility, either expressed or implied, for damage to our loss of personal property or injury on the premises or off-site. The Center is not responsible for any advice or consultation given within or beyond the classroom setting and course curriculum material. The Center reserves the right to cancel courses that are under-enrolled, to change class times and locations where necessary, and to substitute instructors. The Center does not discriminate on the basis of race, religion, age, sex, physical or mental disability, or national or ethnic origin in the administration of its educational policies.

The Center for Continuing Education

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**Evening Classes**

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**FOOD, WINE, & SONG**

- Sing Your Heart Out!
- Learn to Play Guitar
- Progressive Vegan Dinner in Brooklyn

**ARTS & CRAFTS**

- Origami: From Art to Math Fusion
- Acrylic Transfer Photo on Canvas

**BIZ, CAREERS, FINANCE**

- Medicare 101
- A Primer on Exchange Traded Funds - ETFs
- Health Insurance Basics for Under 65 Years of Age
- Social Media for Business and Personal Use
- Instagram Road Show
- Long Term-Care Insurance: an Introduction

**COLLEGE PREP & STEM**

- Biology SAT II Test Prep
- Math 1 & Math 2 SAT II Test Prep
- College Essay Kick Start
- College Essay Writing Boot Camp

**CAMERAS, COMPUTERS & IDEVICES**

- IPhone Open Session
- Photoshop for Beginners
- Photoshop: Finish a Personal Project
- Digital Photography for Beginners Spring
- Digital Photography for Intermediates Spring

**DISCUSSIONS & LECTURES**

- My So-Called Biblical Life: Let it Glow
- My So-Called Biblical Life: Let it Glow (cont.)
- FILM
- Independent Films: Now And Forever!
- **FITNESS & HEALTH**
- Line Dancing
- MBSR: Mindful Based Stress Reduction
- Yogalates
- Feldenkrais: Natural Healing From Stress And Pain
- Pickleball
- Lose Weight With Hypnosis
- Great Sleep With Hypnosis
- Superpower Memory
- Psychic Reading
- GAMES
- Bridge
- **LANGUAGES**
- Mandarin New
- Russian New
- Spanish Beginner – Evening
- French Beginner
- French Intermedia – Evening
- German Beginner Level II
- German Beyond Beginner
- German High Intermediate

**One-Time Classes**

**COMEDY NIGHT**

**TRIPS & TOURS**

- VIP Experience: Blue Hill at Stone Barns
- VIP Experience: Judy Chicago’s “The Dinner Party”
- Happy Hour at the Armory Art Fair
- Slowdown Tour of Grand Central
- The L.E.S. Art Scene in the Bowery

**FOOD, WINE, & SONG**

- Progressive Vegan Dinner in Brooklyn
- Cooking Demonstration and Lunch at Plates
- Food Experience: “Himalayan Heights”
- Worlds Fare Eating Along the 7 Train

**BIZ, CAREERS, FINANCE**

- Medicare 101
- A Primer on Exchange Traded Funds - ETFs
- Health Insurance Basics for Under 65 Years of Age
- Instagram Road Show
- Long Term-Care Insurance: an Introduction
- Creating an Effective Resume

**COLLEGE PREP & STEM**

- College Essay Kick Start
- **CAMERAS, COMPUTERS & IDEVICES**
- Siri
- IPhone Open Session

**DISCUSSIONS AND LECTURES**

- Let It Glow
- Art Appreciation
- -Mexico
- -Reincarnations
- -Muses
- -Gender
- -Fantastic Nails
- -Beauty And The Beast
- -Under The Cover Of Night
- -Nakedness
- -Michelangelo
- -Giants Of Photography
- - My So-Called Biblical Life: Imagined Stories From The World’s Best-Selling Book

**FITNESS & HEALTH**

- Lose Weight With Hypnosis
- Great Sleep With Hypnosis
- Superpower Memory
- Psychic Reading

**LANGUAGES**

- Spanish Immersion: Fiesta Latina Cooking Demo and Lunch at Sonora

**LITERATURE & WRITING**

- Book Discussion: *Little Fires Everywhere* By Celeste Ng
- Book Discussion: Author Janet Benton Discusses *Lilli De Jong*
- Writer’s Workshop: Finding Your Gold